

# **CASE STUDY:**

# Preventing Foot Injury Claims

Detention Center Reduces Foot-Related Workers' Compensation Claims by 72% with Briotix Health Specialized Solutions.



Jobs at detention centers require workers to be on their feet for long hours at a time. Due to the physical nature of the work, a large, county detention center was experiencing increasing workers' compensation claims associated with foot injuries.

#### **Briotix Health Solution**

To address the foot discomfort injuries, Briotix Health designed a customized Specialized Solution trial to test and evaluate the effectiveness of orthotics in reducing foot discomforts. The trial included employee training, orthotic fitting, and employee 12-week discomfort tracking.



### **Employee Education**

All correctional officers attended training to learn about foot discomfort. During the training, officers learned techniques for how to prevent discomfort including stretching, self-care, and posture.



#### **Orthotic Fitting**

To ensure the greatest risk reduction, personalized consultations were conducted with employees to fit them with orthotics based on their foot type and functional movement patterns.



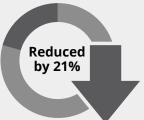
#### **Employee Discomfort Trial**

Over a 12-week trial, discomfort data and comfort surveys were collected from employees who were fitted for orthotics. Results were compared to a control group of employees who did not use orthotics.

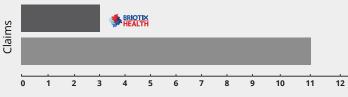
#### Results

Worker's Compensation claims for foot-related injuries decreased by 72% in the first full year following implementation.

Additionally, employees reported a reduction in discomfort by 21% overall.



## Annual Foot-Related Workers' Compensation Claims



To learn more, visit: briotix.com/specialized-solutions