

CASE STUDY: Shrinking Workers' Compensation Costs

*Beverage distributor
reduces claims by 60%*

A large-scale international beverage distribution company was suffering from ballooning workers' compensation costs that were severely impacting the company's bottom line. After analysis, it was learned that the largest contributor to workers' compensation claims was simple muscle strains and sprains. Those preventable musculoskeletal injuries made up more than 46% of the claims costing \$5.6 million in one year alone.

Briotix Health Solution

After success with an initial pilot program, the Briotix Health solution was rolled out throughout the company with a three-pronged approach including Industrial Sports Medicine™, Ergonomics, and Health Education.



INDUSTRIAL SPORTS MEDICINE™

Work-related and non-work-related musculoskeletal discomfort were evaluated and managed with our comprehensive industrial sports medicine program designed to specifically target the greatest areas of injury prevention need and job specific physical conditioning.



ERGONOMICS

Briotix Health's systematic approach reduced injury risks and improved the performance of the workforce. This approach included ergonomic and job function assessments, team facilitation, greatest areas of injury prevention need and job specific physical conditioning.



HEALTH EDUCATION

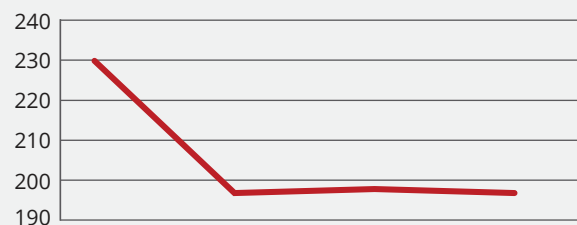
A robust health education program was established providing health coaching, nutrition, fitness, and risk-reduction solutions.

To learn more, visit:
briotix.com/industrial-sports-medicine

Results

Over the span of four years, the beverage distributor saved more than \$3.35 million in reduced musculoskeletal workers' compensation costs, reducing claims by nearly 60%. The company experienced an ROI of 2.08:1.

**WORKERS COMPENSATION
CASE FOUR YEAR TREND**



**WORKERS COMPENSATION
COST REDUCTION**

