

## CASE STUDY: Reducing MSD Claims and OSHA Recordables to Zero



A mid-sized manufacturing and distribution plant was experiencing an increase in musculoskeletal disorder (MSD) workers' compensation claims. Plant management not only wanted to address these increasing injury numbers but also improve employee health while setting a best-practice example for the industry.

### Briotix Health Solution

Plant Management hired Briotix Health to implement a variety of Industrial Sports Medicine™ (ISM) solutions to not only improve injury rates, thus reducing claims and recordables, but also position the company as forward-thinking safety champions within the industry.

After evaluating the needs of the company, the Briotix Health provider rolled out the following solutions:

#### 1 COMPREHENSIVE HANDS-ON CARE

Our ISM solution rolled out with personalized injury prevention coaching, one-on-one discomfort screenings to address issues early in the injury cycle, and onsite work-function embedded rehabilitation.

#### 2 ERGONOMIC AND RISK ASSESSMENTS

Biomechanics training and ergonomic assessments were conducted to reduce the risk of work-related injuries and educate employees on the safest way to complete job tasks.

#### 3 SAFETY SUPPORT

To best meet the client's needs, Briotix Health's onsite provider managed several safety functions including first aid and CPR, hazmat exercises, and group safety trainings.

#### 4 ONGOING PROGRAM REFINEMENT

Ongoing review and refinement process implemented including data review, ongoing stewardship, and strategic adjustments to deliver continuous improvement on results.

### Results

Pre-Briotix Health

Client suffering from high MSD injury rate and the related costs, claims, and recordables

Client Hires Briotix Health 

Year 1

Client's MSD injury rate reduced to zero resulting in zero claims and zero OSHA recordables.

Year 2

Briotix Health has led the company to maintain a zero MSD injury rate since program roll out. This success has led to discussions of program expansion in additional facilities.

Year 3

Year 4

Zero  
MSD  
injury  
rate

To learn more, visit:  
[briotix.com/industrial-sports-medicine/](http://briotix.com/industrial-sports-medicine/)