

CASE STUDY:

Hospital System Saves \$4M with ISM and RTW Solutions

Comprehensive Strategy Achieves 99% Claims Avoidance and Saves 4,730 Workdays

Challenge:

A large, Midwest hospital system, was experiencing ballooning disability and workers' compensation claims costs. In partnership with their insurance carrier, the hospital began looking for proactive solutions to reduce injury rates and return to work timelines for both occupational and non-occupational injuries.

Solution:

After exploring potential solutions, hospital leadership concluded that a comprehensive approach was necessary—one that provided both injury prevention strategies to minimize the risk of initial injuries and a plan to support employees' return to work after an injury. Briotix Health's Industrial Sports Medicine™(ISM) and Return to Work (RTW) solutions were selected for their wide-ranging offerings.

Industrial Sports Medicine™

- **EARLY SYMPTOM INTERVENTION** – When an employee reports musculoskeletal discomfort, a provider delivers self-care recommendations early in the injury lifecycle to reduce the likelihood of the discomfort escalating to a workers' compensation claim.
- **ERGONOMIC ASSESSMENTS** – Providers deliver in-person and virtual ergonomic assessments to employees in both the hospital and office settings.
- **JOB-COACHING** – Providers work one-on-one with employees to identify and remove risks within the workspace and demonstrate proper biomechanics to safely complete tasks.

Return to Work

- **JOB ANALYSIS** – Providers update outdated job descriptions to include accurate physical and cognitive demands of each position to facilitate a smoother return to work process.
- **GRADUATED RETURN TO WORK** – A provider works one-on-one with an injured employee and their physician to identify and implement transitional work when returning to the job with restrictions.
- **ACCOMMODATIONS CONSULTING** – Providers identify effective, reasonable accommodations through an interactive process of employer and employee.

Results

Since implementing the program seven years ago, the hospital has seen a significant decrease in the total number of workers' compensation claims and lost workdays associated with disability.



99% Claim Avoidance with Early Symptom Intervention



4730 Saved Lost Workdays

ISM Program Savings:

\$1,780,550

RTW Program Savings:

\$2,294,745

TOTAL Program Savings:

\$4,075,295